

Bay Country Figure Skating Club



Member Handbook 2009-2010

Mission Statement: The mission of the Bay Country Figure Skating Club is to provide a safe, family friendly environment for people of all ages, to reach their full ice skating potential; whether it is recreational or competitive, while building self esteem, good sportsmanship and a lifetime of good friends.

- **Who are we...**

The Bay Country Figure Skating Club (BCFSC) is a United States Figure Skating (USFS) member club and organized in 1982 as a not-for-profit organization within the meaning of Section 509(a)(1) of the Internal Revenue Code of 1986. We are dedicated to educating and encouraging participation in recreational and amateur figure skating programs for all interested community members. Our 27 year history speaks volumes of our dedication and commitment to our club.

We are located in the Delaware State Fair Centre Ice Rink, located at 644 Fairground Road, Harrington, Delaware 19952. Although we have been actively involved in skating activities at the Centre since it's opening in September of 2002, the BCFSC and members have participated in figure skating events throughout the Del-Mar-Va area before the Centre had opened.

- **Who can join??**

Any person that loves figure skating. Memberships are available for Basic Skills members (levels 1-6), Basic 7, Basic 8, Freestyle and above skaters. We also have memberships available for Non-Skaters who love the sport of figure skating and parents of skaters. When you join our USFS club you will be eligible to participate in all USFS competitions and sanctioned events.

 **Our first day of Club Ice will be September 12, 2009 @ 9:00AM**

Full Skating Membership:

Skaters must have reached Basic Skills 7 or above. *Will receive registration with USFS.
Testing privileges at BCFSC rink.
Voting privileges if over 18 and have designated BCFSC as their home club.
If under 18 a parent will vote on that member's behalf.
Club Freestyle ice sessions at a discounted rate.
Monthly Club Ice time.

Cost: \$140.00/ year

Family Membership

Same as above must pay full price for first member.

Second Member \$ 85.00

Subsequent Member \$ 85.00

Associate Membership:

Skaters must have reached Basic Skills 7 or above.
Our club must be skater's **second USFS club** and **USFS dues must have been paid by home club.**
Testing privileges at BCFSC home rink.
Club Freestyle ice sessions at discounted rate.
Monthly Club Ice time.

Cost: \$65.00/year

Professional Membership:

Must be a coach/instructor of the PSA or an apprentice to a current PSA coach.
Must purchase, remain insured and provide proof of insurance to BCFSC.
Must be registered with USFS or can become registered for an additional fee to the club.
Coaches/instructors will be listed on club website and rink bulletin board.

Cost: \$30.00/year

Social Membership:

Skaters at Basic Skills Level 1-6. *Will receive Basic Skills registration with USFS.
Monthly Club Ice
If skater moves above Basic Skills Level 6 he/she will receive option to pay the difference in order to purchase a Full Skating Membership.

Cost: \$50.00/year

Parent/Guardian Membership:

Will receive registration with USFS
Voting privileges
Club office/Board Eligibility (includes registration with USFS)

Cost: \$75.00

Friends of Bay Country Membership:

Complimentary BCFSC pin.
Will be able to be on a committee with BCFSC and be active in all events

Cost: \$50.00

All memberships also include:

- *Subscription to "Skating" magazine w/registration to USFS
- *Club Newsletter
- *Copy of the club bylaws
- *Participation in monthly meeting

- **Fundraising...**

Each member (if over 18) or parent (if under 18) is responsible to give at least 10 hours of volunteer time to the club. This would be working at the bake sales during shows or competitions, raffle booths or helping at any special event for the club. **If you cannot give 10 hours of volunteer time within the year any member/parent would be responsible for a \$100.00 fundraiser charge due at registration to cover your volunteer time. Donations of food or goods to be sold during fundraisers do not apply to your hours worked.** It is important to our club since we are a not-for-profit organization, that the majority of the clubs income comes from our fundraising efforts. **This fee does not apply to Social Membership.**

- **Ice Time Packages/Cost...**

To keep ice cost down for members of the Club for the 2009-2010 year, the club is letting each member choose the cost and time that is reasonable for them. The Centre Ice Rink is going to allow Bay Country Figure Skating Club members to purchase their own Freestyle cards. The members would purchase the freestyle cards from the rink at \$160/20 sessions and the rink agrees to only sell to club members at that price. The cost for a walk-on fee or non-BCFSC member will pay \$13.00 to the rink for each freestyle session. We, as members, can encourage our fellow members to use the rink's freestyle session and therefore there would be no huge out of pocket expense to the club.

Examples: THESE PRICES DO NOT INCLUDE CLUB MEMBERSHIP FEES.

20 sessions @ \$160.00 = \$8.00 a session.

*One freestyle session a week from September 2009-May 2010 would cost each member approximately \$264.00 a year. Without membership \$429.00= a savings of \$165.00

*Two freestyle sessions a week from September 2009-May 2010 would cost each member approximately \$528.00 a year. Without membership \$858.00= a savings of \$330.00

- **Club Ice Time...**

Our **Club Ice Time** will be the **2nd Saturday** of **every month** from **9:00am to 9:50am**. The ice time is for club enjoyment of skating and friendship. **There will not be any "coaching" during this time.** This is time for the Junior Board members to plan a monthly fun event for our kids to enjoy. The music box will be available for practice time if there is a skater that is preparing for competition, however they will have to share the ice with the other skaters. Times are subject to change if there are prior events schedule at the rink. Members will be notified if the times change and we will reschedule that time

- **BCFSC Junior Board ...**

Bay Country Figure Skating Club started a Junior Board in 2006. The Junior Board helps to involve all interested members under the age of 18. The Junior Board has an adult advisor and provides opportunities to develop our junior member's organizational and leadership skills. Typically, the Junior Board will tackle one or two key events during the year- planning, developing and implementing these projects from start to finish. Any junior member can join!

- **Who can help you?**

President:

Bernadette Richardson	302-382-7674	pizzagirlb@yahoo.com
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Vice President/Membership Chair:

Heather Moore	410-336-1102	Heather51002@gmail.com
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Secretary:

Melissa Williams	302-242-6655	mwpw1w@yahoo.com
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Treasure:

Tammy Mounts	302-632-5116	tambj@hughes.net
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Senior Member:

Carla Breck	302-245-6361	carlabreck@msn.com
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Junior Member

Katelynn Dunlap		katednlp313@aol.com
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Member at Large:

Shelli Shea	302-745-8602	SShea10255@aol.com
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Executive Director/Test Chair:

Advertising Chair:

Joanna Wilson

• **Parents Code of Conduct**

U.S. Figure Skating Parents Code of Conduct

Code of Conduct gives everyone a guide to what is expected of us if we are part of an organization, participating in a sport or as spectators at our child's events.

Preamble: The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles: respect, responsibility, fairness, caring, trustworthiness and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character" (Arizona Sports Summit Accord)

By signing below I hereby agree that:

1. I will encourage good sportsmanship by demonstrating positive support for all skaters, coaches and officials at every practice session, competition, ice show and test session.
2. I will place the emotional and physical well being of my child ahead of my personal desire to win.
3. I will encourage my child to skate in a safe and healthy environment.
4. I will inform my child's coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
5. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the results of a competitive event.
6. I will never ridicule or yell at my child or other participant for making a mistake or blame my child's teammates for placement in a competition.
7. I will do my best to make skating fun and will remember that my child participates in sports for his/her own enjoyment and satisfaction not mine.
8. I will ask my child to treat other skaters, coaches, fans and officials with respect, regardless of race, creed, color, sexual orientation or ability.
9. I will applaud a good effort in both victory and defeat emphasizing the positive accomplishments and learning from the mistakes.
10. I will teach my child to resolve conflicts without resorting to hostility or violence.
11. I will be a positive role model for my child and other skaters.
12. I will demand a figure skating environment for my child that is free of drug or alcohol abuse and agree that I will not use or provide to a third party any drug proscribed by applicable federal, state or municipal law.
13. I will not assist or condone a competing athlete's use of a drug banned by the International Olympic Committee, International Skating Union, United States Olympic Committee or U.S. Figure Skating in case of athletes, to use such drugs or refuse to submit to properly conducted drug tests administered by one of these organizations.
14. I will not provide alcohol to, or condone the use of alcohol by minors, or abuse alcohol in the presence of athlete members, or at U.S. Figure Skating activities or, in the case of athletes, consume alcoholic beverages with a minor.
15. I will encourage my child's coach to continue their education and training through programs offered by U.S. Figure Skating, the Professional Skaters Association and other accredited organizations.
16. I will respect my child's coach and refrain from coaching my child or other skaters during competitions and practices because it may conflict with the coach's plan or strategy.

17. I will respect the decisions of officials and their authority during competitions and test sessions and teach my child to do likewise.
18. I will show appreciation and recognize the importance of volunteers and club officials.
19. I will study the rules of the U.S. Figure Skating and teach my child accordingly so that we have an understanding and appreciation of the rules of competition and membership.
20. I will support all opponents in my child's competition and respect the rights of all skaters to participate.

Sign and Return this page only along with pages 13-16

I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

-Verbal warning

-Written warning

-Parental suspension with written documentation of incident kept on file by BCFSC

Derived from the National Youth Sports Safety Foundation, Inc. SPORT PARENT CODE OF CONDUCT and USFS

Club Member's full name

Parent Signature(if minor)

Date

● **Skater's Code of Conduct**

USFS Code of Conduct (GR 1.03 and 1.04) as found in the USFS Skating Handbook

The following code of conduct applies to all participants in all competitions, exhibitions and training camps hosted, supported or sponsored by the USFS.

- I will recognize that my participation in all competitions, exhibitions and training camps hosted, supported or sponsored by USFS is an honor and a privilege that carries certain responsibilities. I agree to fully abide by the rules and guidelines set forth by USFS or its property and designated agents. As a precondition to participation in USFS hosted, supported or sponsored events, I will adhere to the following tenets in good faith.
- I will exhibit the highest standards of fairness, ethical behavior and genuine good sportsmanship in all of my relations with others.
- I will not damage public or private property. I understand that I may be held financially responsible for damage deemed to be wantonly or willfully executed on my part, and that I may be subject to disciplinary action by the USFS.
- I will not use or possess illegal drugs and I will not engage in criminal activities as well as penalties imposed by the USFS.
- I will adhere to the rules of the USFS and the host organization at all USFS hosted, sponsored, or supported training camps, competitions and exhibitions.
- I will conduct myself in a manner not detrimental to the welfare of figure skating. I understand that my actions reflect on the USFS and the sport of figure skating both positively and negatively. I understand that if my acts, statements to conduct are considered detrimental to the welfare of figure skating by the appropriate authority, I may be subject to penalties imposed by USFS pursuant to **GR 1.021**.
- I understand that the penalties that may be imposed may include, but are not limited to, loss of future international selections, loss of financial support from the USFS and Memorial Fund and loss of participation in USFS sponsored events.
- I understand that all disciplinary proceedings will be conducted pursuant to Article XXVII, Section 3, of the USFS Bylaws and that my rights and remedies are derived there from.

GR1.04The USFS will not tolerate or condone any form of harassment or abuse of any of its members including coaches, officials, directors, employees, parents, athletes and volunteers- or any other persons –while they are participating in or preparing for a figure skating activity it event conducted under the auspices of the USFS. The USFS Policy Statement on Harassment and Abuse may be found in its entirety online at www.usfigureskating.org.

Harassment of such nature between or among USFS members shall be reported to the chair of the Ethics or Grievance Committee as soon as is practicably possible, per ECR 2.00 and GCR 2.00. If any form of child abuse is observed or suspected, the observer should immediately contact either local law enforcement or a public child welfare agency and make a report.

Any persons who violates this rule, who fails to appropriately report or who makes a false report or otherwise violates USFS's policies on harassment and abuse will be subject to disciplinary action in accordance with Article XXVII, Section 3 of the USFS Bylaws.

- **BCFSC**

BCFSC requires members to show sportsmanship, respect, dignity and courtesy at all practices, testing session and competitions. Through responsible behavior and behavior and fair play, skaters and their parents will assume the role of goodwill ambassadors of figure skating.

BCFSC promotes:

- positive attitudes and honest effort
- cooperation with and respect for coaches
- setting a positive example for others
- treating others as you would like to be treated
- setting personal improvement goals for your skating

I recognize that my participation in all general skating sessions, classes, competitions, exhibitions and training camps hosted, supported or sponsored by the BCFSC is an honor and privileges that carries certain responsibilities. I agree to fully abide by the rules and guidelines set forth by the BCFSC. As a precondition to participation in BCFSC hosted, sponsored or supported events, I will act in harmony with the philosophy and principles of the BCFSC. I will reflect BCFSC's high standards in conduct, speech and appearance- whether on The Centre premises or at any BCFSC functions- to other skaters, coaches, staff, parents and the public. I agree to conduct myself as a prudent, responsible and ethical member of the community. This means I agree to act in good faith: to exhibit honesty, integrity and exemplary conduct in order to observe all BCFSC rules and regulations, this may be modified from time to time.

I must observe high standards of taste and decency, which include, but is not limited to refraining from disorderly, lewd, indecent or obscene conduct or expression.

I will adhere to the rules of the USFS/ISI hosted, sponsored or supported training camps, competitions and exhibitions.

Disciplinary:

The following is a list of offenses that will result in disciplinary actions:

- Dishonesty, theft, cheating, poor sportsmanship, criminal behavior or attempt to take unfair advantage of another in any activity.
- Use of vile, intemperate or abusive language
- Threatening or intimidating behavior
- Physical assault of any person
- Any act of harassment based on gender, ancestry, origin or race
- Immoral or indecent conduct
- Willful damage or destruction of facility equipment or property
- Possession, consumption or being under influence of any illegal drugs (immediate removal from the ice/facility)

- Minors in possession or under influence of alcohol or tobacco (immediate removal from ice/facility)
- Possession of weapons or explosives (immediate removal from the facility and membership revoked)
- Any disruption of its functions or its members which infringes upon rights and well-being of others, including the interruption of coaches during lessons
- Ice kicking or excessive waste of ice time

If any of these behaviors occur, the rink monitor or BCFSC Board Member will request that the skaters remove themselves from the ice.

- Use or distribution of illegal substance
- Deliberate or reckless misuse, damage or destruction of any property

BCFSC can immediately dismiss skaters from the membership for this offense and will require full payment from the skater and/or parent or guardian for damaged property.

BCFSC expects all skaters to abide by local, state and federal laws. BCFSC reserves the right to ask any skater to leave the ice for inappropriate conduct as stated above.

Disciplinary Actions to be taken:

- First offense- verbal warning
- Second offense- written warning
- Third offense- Club skating privileges revoked (non skating members can have membership revoked)

Reporting of any incident (grievance) must be submitted to any BCFSC Board Member in writing and signed within reasonable time of incident.

• **BCFSC Ice Etiquette Guide**

On Ice

1. Right-of-way is to be given to the skater whose program is being played, the dance pattern music being played and/or the skater who is having a lesson.
2. There is to be no standing in groups chatting on the ice.
3. Unless there is prior approval or special permission, dance sessions are generally reserved for dance and freestyle sessions for freestyle/free dance/moves. Basic skills sessions may be in combination of both freestyle and dance.
4. No gum chewing, eating or drinking is allowed on the ice. Only water bottles may be taken onto the ice.
5. If you fall, get up immediately. If you are injured and cannot get up, do not move until the supervisor or a coach reaches you.
6. Walkman-type radios or cassette players are allowed on the ice ONLY with prior approval of Skating Director. Please ask prior to skating session, not during- not interrupting lessons.
7. No swearing or bad language will be tolerated whether on or off the ice.
8. COACHES: When giving lessons, please try to stand near the boards whenever possible and out of the way of other skaters or the dance pattern.
9. PARENTS AND SKATERS: Please do not stand around music supervisor and chat. The supervisor must concentrate on what is happening on the ice.

10. Please show courtesy to skaters, coaches, the music supervisor and parents at all times.
11. To accommodate skater's lessons, occasionally a coach may provide a lesson on a session the skater has not registered for. However, the skater must be a registered skater and may not skate the remainder of the session. Under these conditions the skater will not be charged for the ice fee.
12. Do not interrupt other skaters' lessons

Right of Way

- 1) A **skater whose program is being played has the right of way**. Listen to the announcer announcing whose program is being played. If you are not familiar with the name, ask someone (your coach, another skater or the music supervisor). Yield the right of way to the skater that is practicing/performing their program.
- 2) A **skater in a lesson** has the right of way. Be aware, pay attention and yield the right of way to all skaters that are in lessons.
- 3) A **skater doing a dance to the music being played** has the right of way. Be aware of the dance that is being played and yield the right of way to all skaters doing the dance.

Flow of the Ice

- 1) Spins should be done in the center of the ice.
- 2) Whenever possible, use the ends of the arena for jumping. Generally, this will be considered the jump zone.
- 3) Stay moving- standing means someone has to maneuver around you, which can cause an accident.

Smart Skater Rules

- 1) Keep your head up and be aware of other skaters around you.
- 2) When not skating, leave the ice.
- 3) Do not stand around in groups and talk, you will be asked to leave the ice by your coach or the music supervisor if you do.
- 4) If you fall, get up right away. If you are hurt, stay still on the ice until a coach reaches you.
- 5) Do not stay in one place on the ice- stay moving.
- 6) Be on time for your session, especially after a resurface. Use every minute of your ice time to the maximum.
- 7) Be kind to one another both on and off the ice.
- 8) Say, "excuse me", if you can see that another skater does not see you coming.
- 9) Say, "I'm sorry" when you accidentally get in someone else's way, especially if they had the right of way. (it does happen sometimes)

Consent Form:

My child has permission to participate in all activities of the Bay Country Figure Skating Club and Harrington Centre Ice Rink. I authorize my child to appear in still photos and videos during practice time, coach time, show time, competition time and exhibition time which may be used for BCFSC and Harrington Centre Ice Rink advertising, such as newsletters, website, power point presentations and brochures.

_____	_____
Club Member Name	Date
_____	_____
Parent/Guardian Name (if member is under 18 years of age)	Date

Bay Country Figure Skating Club

Parental Consent and Indemnification Agreement

I agree to abide by the rules and regulations of the Bay Country Figure Skating Club. Refunds will not be given for any reason except upon a physician’s written excuse.

I, the minor’s parent, and or legal guardian, understand the nature of the above referenced activities and the minor’s experience and capabilities and believe the minor to be qualified to participate in such “activity”. I hereby release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releases from all liability, claims, demands, losses or damages on the minor’s account caused or alleged to have been caused in whole or in part by the negligence of the Releases or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor’s behalf makes a claim against any of the above Releases, I WILL IDEMNIFY, SAVE AND HOLD HARMLESS each of the release from any litigation expenses, attorney fees, loss liability, damage or cost any Releases may incur as the result of any such claim.

_____	_____
Printed Name of Parent/Guardian	Date

Signature of Parent/Guardian

This form must be completed and returned

Registration and Volunteer Form 2009-2010

Skater or Member Information

Skater's/Member Name _____ D.O.B _____

Skater's Member Address _____

Please select one of the following Membership Types: (one form per person) Mark only one below.

- | | |
|-------------------------------------|----------|
| _____ Full Skating Membership | \$140.00 |
| _____ Second Member | \$ 85.00 |
| _____ Subsequent Member | \$ 85.00 |
| _____ Associate Member | \$ 65.00 |
| _____ Professional Member | \$ 30.00 |
| _____ Social Member | \$ 50.00 |
| _____ Parent/Guardian Member | \$ 75.00 |
| _____ Friends of Bay Country Member | \$ 50.00 |

Parent/Guardian Contact Information (required for skaters/members under 18 years of age)

Parent/Guardian name _____

Parent/Guardian Address _____

(if different from above) _____

Home Phone (_____) _____ E-mail _____

If new skater, were you referred to the club by anyone? If yes, name? _____

This form must be completed and returned

Volunteer Information

Name: _____

Address: _____ Phone: _____

Email: _____

I would be willing to help with the following activities for the club: (check all that apply)

_____ Membership/Recruitment Information

_____ Fund Raising (bake sales during shows, selling 50/50 during shows, making/baking items to sell, basket auctions, silent auctions, Quarter auctions, etc)

_____ Party Planning (Halloween, Christmas, Family Fun and Final Family fun skate)

_____ Junior Board (18 and under)

No skating privileges will be permitted without COMPLETED REGISTRATION and PAYMENT IN FULL.

No refunds will be given after the first club session.

Make checks Payable to and Mail registration papers and fees to:

BCFSC Membership Chair
c/o Bay Country Figure Skating Club
P.O. Box 8
Harrington, Delaware 19952

THIS FORM MUST BE COMPLETED AND RETURNED

For office use only: Total fees due _____ Check number _____
Date received _____



Membership Registration

CLUB NAME: _____ CLUB # _____

INFORMATION - MUST BE COMPLETE

1st Family Member

OR

Subsequent Member

Please circle: Mr. Ms. Miss Mrs. PREVIOUS MEMBER# and/or PREVIOUS CLUB: _____

NAME: FIRST MI LAST

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

TELEPHONE: HOME - - BUS. - -

E-MAIL: _____ @ _____ SEX: M or F DOB: MO DAY YR USA CITIZEN: Y or N

1. PRIMARY ACTIVITY (Choose one): Parent/Guardian Coach Competitive Skater Recreational Skater
 U.S. Figure Skating Official/Officer Club Officer/Board Member Other

2. CHECK ANY OTHERS THAT APPLY: Adult Skater Synchro Collegiate Competitive Skater Coach
 Recreational Skater Parent/Guardian U.S. Figure Skating Official/Officer Club Official/Volunteer

3. ELIGIBILITY STATUS (Choose one): Eligible Ineligible Restricted
(See eligibility rules)

REV. 3/04

This form must be completed and returned.